

Group-I Medical Checkups for New Graduate Students and Research Fellows Enrolled in April, 2014

Please make a reservation through the following website if you wish to take your medical checkup on Hongo Campus. (<http://www.hc.u-tokyo.ac.jp/>) Reservation opens from 10am on April 9, 2014

1. Group-I medical checkups are for the following students:

Students admitted to the University of Tokyo in April, 2014 for example

- 1st year Master's program students
- 1st year doctorate program students
- 1st year professional degree program students
- Research Students

2. Venue and Date:

<Hongo Campus>

Hongo Health Service Center (2nd floor, Administration Bureau Bldg. 2)

* Please make a reservation through the website if you wish to take your medical checkup on Hongo Campus .

Time Dates	AM	PM
	9:00 ~ 11:45	13:30 ~ 16:00
May 27 (Tue)	Women	Men
May 28 (Wed)	Men	Men
May 29 (Thu)	Men	Women
Jun 2 (Mon)	Men	Women
Jun 3 (Tue)	Men	Men
Jun 4 (Wed)	Women	Men
Jun 5 (Thu)	Men	Men

<Komaba Campus> Komaba Health Service Center

Time Dates	AM		PM
	9:30 ~ 10:45	11:00 ~ 12:30	14:00 ~ 15:45
Jun 9 (Mon)	Men		Women
Jun 10 (Tue)	Men	Women	Men

<Kashiwa Campus> 1st floor of Kashiwa Library

Time Dates	AM		PM	
	9:30 ~ 10:30	10:45 ~ 11:45	13:30 ~ 14:30	14:45 ~ 15:45
Jun 24 (Tue)	Men Born: Jan. ~ Feb.	Men Born: Mar. ~ Apr.	Men Born: May. ~ Jun.	Women Born: Jan. ~ Jun.
Jun 25 (Wed)	Men Born: Jul. ~ Aug.	Women Born: Jul. ~ Dec.	Men Born: Sep. ~ Oct.	Men Born: Nov. ~ Dec.

Note: If you decide to take the medical checkup on Kashiwa Campus, please bring a sample of your urine taken first thing on the morning of the medical checkup. Students of the Graduate School of Frontier Sciences will be given a container for urine sample at the same time

they receive their new Student ID. Other students should pick up a sample container at the Health Service Center before Jun. 17.

To ease congestion on the day, please come to the location on the designated date. However, you may still come for a checkup on any of the dates during the checkup period. Male should choose slots for "Men", and vice versa.

3. Items of Group-I Medical Checkup:

- ① Urinalysis
- ② Taking history and medical questionnaires, blood pressure evaluation
- ③ Electrocardiography
- ④ Chest X- ray examination
- ⑤ Height and body weight measurement
- ⑥ Blood analyses
- ⑦ Mental Health Questionnaire

4. Please note the following points on the Health Checkup :

- 1) Please make a reservation through the website if you wish to take your medical checkup on Hongo Campus. For details on the reservation, access <http://www.hc.u-tokyo.ac.jp/>. UTnet access is required to make reservations.
- 2) Medical checkup schedule may change without notice. Please check the website before turning up for your medical checkup.
- 3) Please bring your Student ID card. If you do not have a Student ID card, please obtain and bring your certificate of enrollment.
- 4) As chest X-rays will be taken, please wear light clothing. Women are requested to wear thin, plain-colored T-shirts without buttons or metal fittings, and please do not wear "bra-top" type clothing. Please bring something to tie your hair if you wear it long. Also, please make sure you are able to bare your ankles for the electrocardiography - therefore please refrain from wearing tights or stockings.
- 5) For the urinary test, please avoid going to the toilet immediately before attending. (Hongo & Komaba)
- 6) Health certificate can be issued from three weeks from the date of examination. The results of the first day result become available first.
- 7) Please call the relevant Health Service Center if you are unable to attend the checkup during the dates because of justifiable reasons, such as hospitalization and so on.
- 8) All students are required to have a health checkup. Without medical checkup documentations, you will not be able to obtain certificates required for enrolling in specialty courses, moving to another university and for making various applications. If you miss the health check up on this occasion, the next available checkup will not be until the following year.
- 9) Those who need special assistance should contact us in advance.

Contact:

Hongo Health Service Center Phone: 03-5841-2580 (ext. 22579, 22580)
E-mail: hoken-kanri-hongo@ml.adm.u-tokyo.ac.jp

Kashiwa Health Service Center Phone: 04-7136-3040 (ext. 63040)
E-mail: kashiwa@hc.u-tokyo.ac.jp

Komaba Health Service Center Phone: 03-5454-6180 (ext. 46180)
E-mail: komaba-kanri@hc.u-tokyo.ac.jp