



UNITED NATIONS UNIVERSITY

Junior Fellows Internship Programme

Are you looking to gain hands-on experience, develop transferable skills and knowledge, and be part of a dynamic, international team of professionals? The Junior Fellows Internship Programme at the Office of the Rector is a challenging yet rewarding opportunity for graduate level students and young professionals interested in contributing to the work of the United Nations University (UNU) and the UN system.

Learn more at [UNU.edu/internships](https://unu.edu/internships)

“The JF team, referred to as the ‘uni-body’ is hugely diverse, but all the more complementary. A true dream time that built friendships for a lifetime.”

Sebastian Scholl, Spring 2013

“I definitely appreciated the general atmosphere of the Rector’s Office, becoming good friends with other JFs and interns, learning more about how the UN operates.”

Maria Pankowska, Spring 2018

“I thoroughly enjoyed my experience as a junior fellow and appreciate the real opportunities provided to participate in and contribute to the substantive work of the Rector’s Office.”

Florence Lo, Fall 2018

“The best part was that I felt very integrated into the team and was able to learn a range of skills that have been very useful in my work life following the end of the programme.”

Elena Evangelidis, Spring 2020

What will I do?

Junior fellows support the work of the Office of the Rector through research for institutional development, writing, minute taking, assistance with the organization of events, communications, quality assurance, project management, and policy development. The internship begins with a one-week orientation and training programme to familiarize participants with the work of the executive office. Junior fellows are provided a monthly allowance to help offset the cost of living in Tokyo and enjoy access to the University’s library and gym (as available).

What will I gain?

While each junior fellow’s experience is unique, participants in this programme can expect to hone their organizational, drafting, and problem-solving skills as well as team work collaboration; gain valuable insight into the daily operations of an international office environment; and acquire hands-on knowledge of the workings of a UN organization.

About the United Nations University

The UNU is a global think tank and postgraduate teaching organization headquartered in Tokyo, Japan. Its mission is to contribute, through collaborative research and education, to efforts to resolve the pressing global problems of human survival, development and welfare that are the concern of the United Nations, its Peoples and Member States. UNU works with leading universities and research institutes across the world, functioning as a bridge between the international academic community and the UN system.

About the Office of the Rector

The Office of the Rector supports the Rector in his/her capacity as the chief academic and administrative officer of the University, and assists in executive management and coordination of the UNU system. The Office of the Rector provides an overall supporting role for governance and policy development and covers the University’s legal affairs.

How to Apply

Consult the application periods, download the application forms and follow the application instructions through the UNU Internship Portal at unu.edu/internships



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