

To all students and staff

Influenza Vaccination

Division for Health Service Promotion

Influenza vaccinations will be provided by the Division for Health Service Promotion during the dates given below. Please note that priority will be given to students. Those wishing to receive the vaccination must register through the website: <https://www.hc.u-tokyo.ac.jp/en/ic/flushot/>

If there are any impact on the availability of reservation slots due to delays in the vaccine arrival times or other issues, we will post updates on our website. Please check the website periodically for updated information.

Please be aware that once the supply of vaccine allocated for each campus have been used up, the vaccination session will be stopped.

However, it is possible that under certain circumstances additional vaccination dates may be scheduled. Therefore, please check the website periodically for updated information.

* In order to prevent overloading of the reservation site, please note that there will be separate reservation sites as well as access dates and times for each campus.

* The number of available reservation slots will be increased from time to time depending on the delivery status of influenza vaccines. Even if a reservation cannot be made at the start of the reservation period, the number of dates and time available and the number of reservation slots may be increase later.

Furthermore, if access to the reservation website is difficult due to overloading at any one time, please try again later.

1. Eligibility:

Students, faculty and administrative staff of the University (those who possess staff or student ID cards issued by the University of Tokyo).

2. Dates:

* Dates will be decided as soon as the vaccine becomes available.

Please check our website for details.

3. Location:

Please check our website.

* The venue may change to prevent spread of infection.

4. Fee:

Students – JPY 2,500 Staff members – JPY 3,000

(Cash only)

5. Reservation:

* The start time and the button to enter the website to make reservations differs for each branch. Please check our website for details.

*Please note that reservations cannot be made by telephone.

*Staff members will not be able to make reservations on dates and times specified for students.

6. What to bring on the day of vaccination:

1) Completed influenza vaccination form

- Download the form from the website <https://www.hc.u-tokyo.ac.jp/en/ic/flushot/>
- Print it double-sided and fill in the necessary information and bring it with you on the day of the vaccination.
- Take your temperature on the day you are receiving the vaccination and fill in the information on the form.
- **Please fill out the influenza vaccination form using black ink that cannot be erased. Do not use pencils.**
- **Signature of parents or guardians will be required for legal minors (anyone under the age of 18).**

2) Staff or student ID card issued by the University of Tokyo.

3) Vaccination fee: JPY 2,500 for students, JPY 3,000 for staff (Cash only)

- Please make sure to have the exact amount ready when paying.

4) Printed reservation information from the website or the email sent automatically on completing the booking.

- A printout of the screen, memo or photo image of the screen are acceptable.

*You need to bring 1) - 4) as noted above, otherwise you will not be able to receive the vaccination.

7. Other important information:

- It is possible to be inoculated for both the COVID-19 vaccination and influenza vaccination at the same time.
 - ※ However, at this venue, only the influenza vaccination is available.
 - ※ If you develop a fever as a side reaction to the COVID-19 vaccination, you will not be able to receive the influenza vaccination. We recommend that you leave several days between receiving the COVID-19 vaccine and the influenza vaccine. Please consider this recommendation based on the side-effects you have experienced so far.
- You will receive an interview from a physician on the day of the vaccination. Please note that depending on their diagnosis you may not be given the vaccination.
- Please carefully read the “Key Facts About Seasonal Flu Vaccine” manual before your visit.
- People who experience heavy secondary reactions after vaccinations cannot be inoculated at the health center.
- Please make sure to come at the reserved time.

8. Others

For those who would like to learn more about influenza or the effects of vaccines, please visit this link.

https://www.mhlw.go.jp/bunya/kenkou/kekaku-kansenshou01/qa_eng.html

If you wish to have an individual consultation regarding the feasibility of vaccination, you can visit a health service center and talk with an internal medicine physician.

