

GraSPP Exchange and Double Degree AY 2026

Application Information

1. Eligibility & Patterns for Study Abroad
2. Application Schedule
3. Documents for submission
4. Procedures after acceptance from GraSPP
5. Scholarship programs
6. FAQ

Who can apply this time?

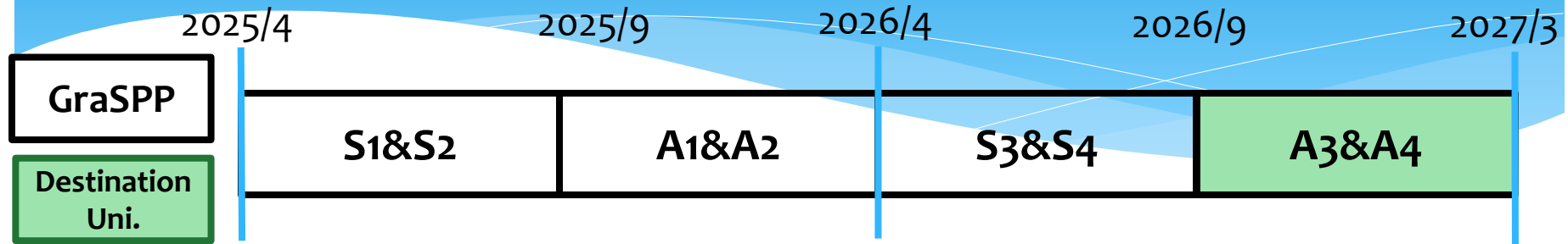
- ◆ Current GraSPP Students ⇒ EX & DD Pattern ①
- ◆ Prospective Students for April 2026 enrollment
⇒ EX Pattern ② (& DD **optional** pattern)
- ◆ Prospective applicants for MPP/IP AY2026 admission ⇒ Double Degree with Sciences Po
- Application requirements for GraSPP

For DD → TOEFL iBT ≥ 90 ; IELTS 6.5

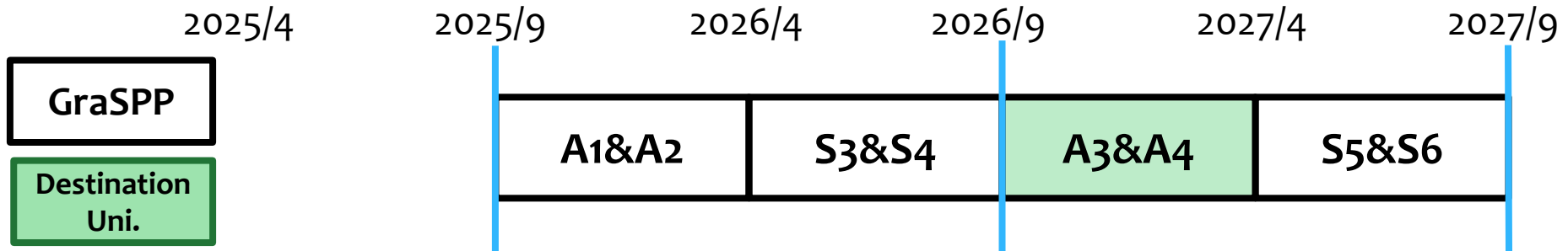
For EX → TOEFL iBT ≥ 85 ; IELTS 6.0

*Application with lower scores will not be considered.

Exchange Pattern ① 2nd Year student case

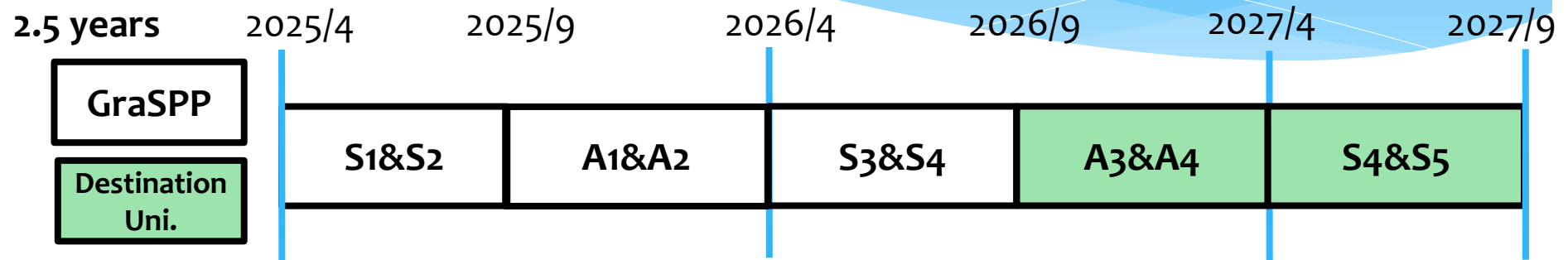


* The case of September enrollment students.

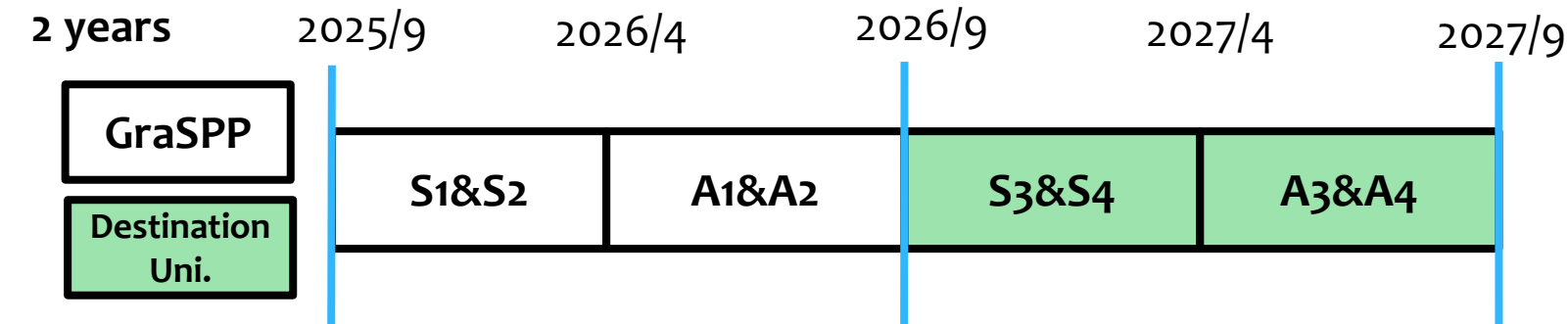


Double Degree Pattern①

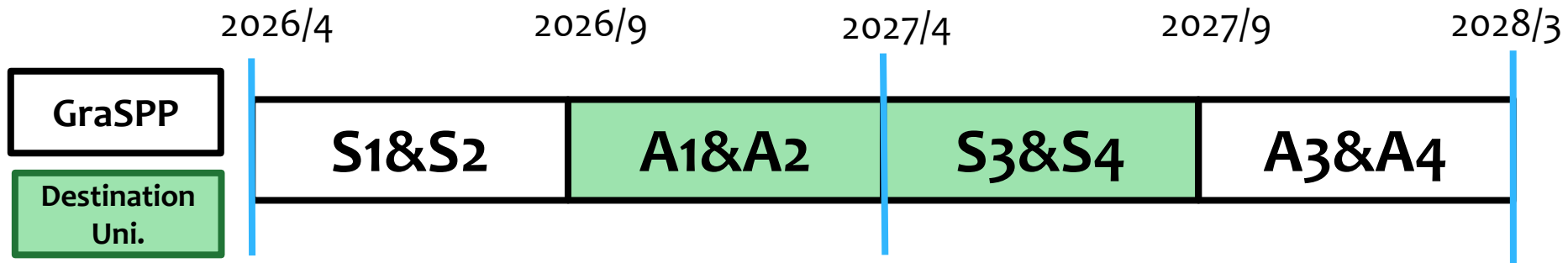
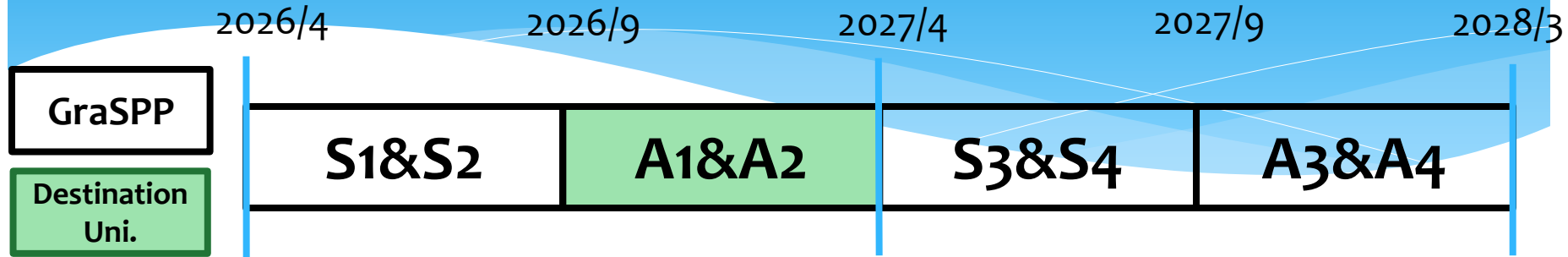
* The case of April enrollment



* The case of September Enrollment

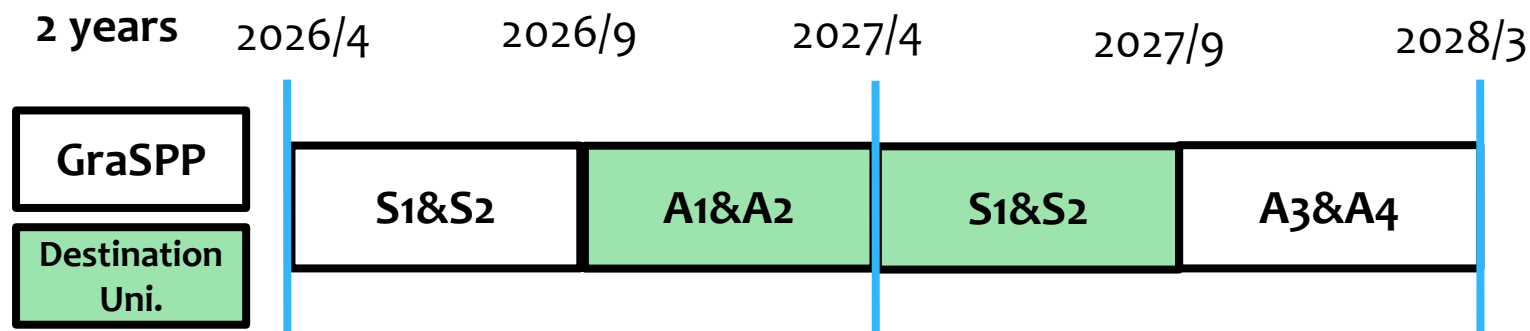


Exchange Pattern ② 1st year student case:



Double Degree Case

【Optional Pattern】



Application Schedule

GraSPP Application Period	16 Oct – 16 Nov 23:59
GraSPP Document Screening (1 st stage)	Late-November
Interview by GraSPP Faculties (2 nd stage)	Nov 28 – Dec5 (TBA) 9am-6pm
GraSPP preliminary announcement of successful applicants for nominating up to the 3 destination universities	Mid December
Document submission to the destination universities	Late January - Early February
Selection results from the destination universities and final announcement of successful applicants	March to May

*The schedule is subject to change.

We begin accepting applications from TODAY!

Documents Submission to GraSPP

1. GrasPP Application Form & Statement of Purpose for all schools (max. 3) you wish to be nominated (500-1,000 words total in English)

2. TOEFL/IELTS Certificate (Copy)

*Should be no more than two years old by the month in the year you apply for partner university

3. Official Academic Transcripts

4. Recommendation Letters (2 for D.D; 1 for Ex)

5. Curriculum Vitae (CV)

(those who pass the screening stage)

**Documents submission for each destination universities depend on each university. Details will be notified to those of successful applicants of GraSPP.*

Submission only accepted via Microsoft Forms

<https://forms.office.com/r/eyWrmaJLsk>

Scholarship programs

Student Exchange Support Program- Scholarship for Short-term study abroad (JASSO)

日本学生支援機構(JASSO) 平成31年度海外留学支援制度 (協定派遣)

Monthly stipend: ¥60,000 - 100,000

Tobitate Mext Scholarship (トビタテ！留学JAPAN日本代表プログラム)

奨学金月額：12万円～16万円 (地域により異なる)

留学準備金：15万円～25万円、授業料：30万円～60万円

※2026年度 (第18期) 派遣生募集説明会が11月上旬に開催予定。詳細は下記URLにて要確認

<https://tobitate-mext.jasso.go.jp/news/detail.html?id=550>

Go Global Scholarships for the Short (3 month-1 year) Study Abroad Scholarships

東京大学海外派遣奨学事業 短期 (3ヶ月以上1年以内) 海外留学等奨学金

Monthly stipend : ¥60,000 - 100,000

NSK財団奨学金 (日本国籍、及びANU以外のダブル・ディグリー申請者のみ)

* 詳細は要確認

You can find more programs via below link ↓

<http://www.u-tokyo.ac.jp/ja/administration/go-global/scholarship/list.html>

* Available upon successful application *Subject to change on AY 2026 application

No guarantee that you will be awarded above scholarship
VERY IMPORTANT to secure financial aid on your own

GraSPP Ex. & DD information website

- * Please check the website for the latest info
- * PPT slides of today's session will be available on GraSPP home page

GraSPP> Student Bulletin Board

<http://www.pp.u-tokyo.ac.jp/en/student-bulletin-board/>

(FYI) Study Abroad Report in "GraSPPers Voice"

<http://www.pp.u-tokyo.ac.jp/en/grasppers-voice/>

Contact: Graduate School Office
exchange.j@gs.mail.u-tokyo.ac.jp

FAQ (TOEFL, IELTS, GRE)

Q: Can I submit a proof of my **TOEFL** score as **online certificate** format? Can I replace my TOEFL score after submitting application?

A: Yes, a copy of online certificate or screen shot as an email attachment is also acceptable.

You can replace your TOEFL score anytime before Nov 15.

Q: Can I submit my IELTS certificate, instead of TOEFL (iBT) certificate?

A: Yes, you can as most partner schools are now accepting both of the English test scores, even though TOEFL iBT might be still ideal at GraSPP application.

Q: Do I have to take a **GRE** test?

A: If you are applying for the double degree program of SIPA, Columbia University, GRE score is now optional and yet could help your application to be more competent (esp if your TOEFL score is not that strong).

FAQ

Q: Some universities require completion of macroeconomics and microeconomics courses. Should I have taken those courses the time of application to GraSPP?

A: You can take macro & microeconomics in the semester anytime before your departure.

Q: How **competitive** to apply to these programs? How many apply and how many will be nominated?

A: Roughly speaking, about the half of the applicants are nominated to the destination universities, in the past years. Usually, 1 - 2 students are nominated to each university both Ex. and DD programs. However, the competitiveness quite depends on which school you wish to apply for.

FAQ

Q: Is there any case in the past that students being rejected from the host university after the GraSPP preliminary nomination?

A: There have not been many such cases; however, it totally depends on the host university's decision. We had a few rejection cases in the last few years for double degree programs. Due to the nature of the program and its course requirements, they expected students to have good professional backgrounds, international exposure, as well as high English competency.

FAQ

Q: I am a MEXT scholar, am I eligible to apply this exchange/ double degree program? If so, what would happen to the tuition support and the scholarship stipend?

A: MEXT scholars are also eligible to apply; however, MEXT scholarship will be suspended during the period of study abroad since it is funded by the Japanese government and its purpose is to support international students who are studying in Japan.

Q: I am a ADB scholar, am I eligible to apply this exchange/ double degree program? If so, what would happen to the tuition support and the scholarship stipend?

A: ADB, IMF and WB scholars are not eligible to apply for exchange study program.

FAQ

Q: Will the school apply **visa** for me?

A : Obtaining **certificate of admission, I-20, financial-aid**, making reservation at embassy for **visa** application are all part of the procedures for study abroad.

Make sure that you plan ahead and obtain necessary documents for visa application early enough, since it takes time to receive visa in July and August.

Each country has different procedures for visa application and immigration system, so research carefully and apply at your own responsibility.

FAQ

Q: I had been nominated as an successful GraSPP applicant; however, I was told to take some **summer preparatory programs** at the destination university. Do I have to do so? What about the tuition fees? And what about my UT summer term finals?

A: If your destination university requires so, it is then necessary to take those courses at your own expense.

Be careful with the course schedule of the joint courses, in particular with the Law faculty at UT, as they usually have finals in September. Please consult with the course professor at the beginning of the summer semester.

FAQ

Q: What about insurance? Should I have one?

A : Yes, please be sure to have your international/ study abroad insurance covered the whole period of your study abroad to prepare for sickness, injury, accident, and property loss.

Also, you might be required from your destination university to purchase their designated university insurance, so you might want to check what it would cover first.

Q: I was not admitted to the school dormitory. Will UT help me to arrange a housing, or introduce me an agency?

A : Arranging housing is also a part of study abroad. Please research on housing information well at your destination school's international student office information site and/or directly consult with the program coordinator of your destination school.

FAQ

Q: Is there any site that I can look up for the safety information for study abroad?

A: Once you are admitted to Ex./DD programs, please refer to the “The University of Tokyo, Going Abroad Crisis Management Guidelines” and be well prepared. 「海外渡航危機管理ガイドブック」

<http://www.u-tokyo.ac.jp/ja/administration/go-global/voyage/index.html>

Please also be sure to visit the MOFA site <http://www.anzen.mofa.go.jp/> (外務省海外安全ホームページ) and check safety condition of your destination country periodically.

FAQ

Q: Are there other scholarship programs available?

A: There are many types of scholarship programs listed at the “**Todai Go Global**” site. Please refer to the site below.

<http://www.u-tokyo.ac.jp/ja/administration/go-global/scholarship/list.html>

Q: I would like to go exchange program with UCLA in my last semester at GraSPP. If I go for winter quarter, from January to March, will I still be able to graduate from GraSPP in March?

A: Yes, as long as you have already met the GraSPP graduation requirements without any credits transfer/accreditation needed. Technically speaking, on the other hand, it may be unrealistic for you to graduate as scheduled, considering the processing time of credit accreditation for your graduation to be confirmed.